

POCKET GUIDE



Toulouse, FRANCE

May 30th - June 5th 2026



PRACTICAL INFORMATION

- **Arrival**

Every group will be welcome at the airport or train station by a staff member or a volunteer.

- **What is TISSÉO ?**

Tisséo is the public transport company of Toulouse (metro, bus, tramway, telepheric). During your stay, you will move around the city mainly using the Tisséo lines.

When you arrive, you will be given orange tickets, which are valid for all the types of public transportation for 2 rides for 6 people per day.

There is also an app called "Tisséo" if you want to move around the city more freely and easily.



These are the type of buses you will see in Toulouse :)

- **Where to buy a SIM card ?**

- Simsized (most reliable)
- Lycamobile (closest location)

- **Where to exchange money ?**

- The airport
- C2e Bureau de Change & OR



THE FRENCH SPECIALTIES



In order to immerse yourself in the French culture, we have organized pétanque and belote initiations, which are games that only true French people play !



THE ACCOMODATION



Hostel Toulouse Wilson

Hostel address : 6 rue Labéda 31000 Toulouse

- Closest metro station : **Jean Jaurès** (Line A&B)
- Closest bus stop : **Jean Jaurès** (L1, L8, L9, L14, 15 and 23)

This is the hostel you will be staying at !

It is a friendly and cosy place where you will be having a lot of good times and laughter.

Don't forget to bring your towel and hygienic products !



For people coming from Spain, your hostel will be at the Ibis Budget Toulouse Centre Gare.

Hostel adress : 27 Bd des Minimes, 31200 Toulouse

- Closest metro station : **Marengo SNCF** (Line A)
- Closest bus stop : **Raisin** (27 &15)

SUNDAY 30TH MAY

- **Saint-Aubin market (10:00 - 13:30)**

Address : 45 Rue Pierre-Paul Riquet, 31000 Toulouse

→ Closest bus stop : **Saint-Georges** (L1, L8 & L9)

→ Closest metro station : **Jean Jaurès** (Line A&B)

[Itinerary departing from the hostel](#)



Famous market located around the St-Aubin church
with warm vibes and good food !

- **Abattoirs museum (14:00 - 15:00)**

Address : 76 All. Charles de Fitte, 31300 Toulouse

→ Closest bus stop : **Les Abattoirs** (L14 & 45)

→ Closest metro station : **Saint-Cyprien** (Line A)

[Itinerary departing from the Saint-Aubin market](#)



This place brings together in one space a museum of modern art, a contemporary art center and the regional contemporary art fund.

During your stay, you will be able to see 4 different expositions !

MONDAY 1ST JUNE

- **Cité de l'Espace (9:30 - 16:30)**

Adress : Av. Jean Gonord, 31500 Toulouse

→ Closest bus stop : **Cité de l'Espace (Toulouse)** (L12)

[Itinerary departing from the hostel](#)



La Cité de l'Espace is a must to visit in Toulouse. It enables millions of visitors to immerse themselves in space for a day.

During this day, you will have the opportunity to visit the museum, to participate in the activities, and even to enjoy IMAX and Planétarium* !

*The movies are at precise hours, you must look into the movies you want to see on the website beforehand.
There is spanish version of the IMAX movie available, check it out.

[La Cité de l'Espace website](#)

- **University Restaurant (RU) ARSENAL (19:30 - 20:30)**

Adress : 2 Bd Armand Duportal, 31000 Toulouse

→ Closest bus stop : **Sciences Sociales** (63)/ **Compans-Caffarelli** (L1, L14, 45 & 63)

→ Closest metro station : **Compans-Caffarelli** (Line B)

→ [Itinerary departing from the hostel using the metro](#)

→ [Itinerary departing from the hostel by foot](#)

TUESDAY 2ND JUNE

- **Halle de la Machine (10:00 - 12:00)**

Adress : 3 Av. de l'Aérodrome de Montaudran, 31400 Toulouse

→ Closest bus stop : **Montaudran Gare** (L12)

[Itinerary departing from the hostel](#)



La Halle de la Machine is also a must to visit in Toulouse :)
It is a place where animated machines, small or giant, often
inspired by nature, the world of aeronautics, human or
technological epics are kept.

- **Toursim Office (13:30 - 15:30)**

Adress : Donjon du Capitole - Square Charles de Gaulle,
31000 Toulouse

→ Closest metro stop : **Capitole** (Line A)

WEDNESDAY 3RD JUNE

Exposciences Occitanie Day !

- **University of Toulouse (Exposciences) (10:00 - 20:30)**

Address : 118 Rte de Narbonne, 31400 Toulouse

→ Closest bus stop : **Université Paul Sabatier (Toulouse)** (L7, 34, 44, 54, 56, 81, 82 & 115)

→ Closest metro station : **Université Paul Sabatier** (Line B)

[Itinerary departing from the hostel](#)



This is where everything will take place !

For the intercultural time (16:30 - 18:30)

Don't forget to bring something from your country that others
can taste !

It can be something salty, sweet, or something to drink...

Don't forget to prepare your presentation ! It can be music, dance,
singing, quiz... (transfert information to **Marième Leygonie** before
coming to Toulouse !)

It must be 3 minutes maximum.

contact@cirasti-mp.fr

THURSDAY 4RD JUNE

Exposciences Occitanie Day !

- **University of Toulouse (Exposciences) (10:00 - 20:30)**

Adress : 118 Rte de Narbonne, 31400 Toulouse

→ Closest bus stop : **Université Paul Sabatier (Toulouse)** (L7, 34, 44, 54, 56, 81, 82 & 115)

→ Closest metro station : **Université Paul Sabatier** (Line B)

[Itinerary departing from the hostel](#)



On this day, you can dress formal, but it is optional.

- **Cable car**

[Itinerary departing from the University of Toulouse](#)



At the end of the day, you will go on a cable car tour. You will see the amazing views of Toulouse, crossing the Garonne river throught the sky.

FRIDAY 5TH JUNE

The last day !

1) Departure day for some delegations.

2) Visits of several places in Toulouse :

- **The Natural History Museum of Toulouse**

Address : 35 All. Jules Guesde, 31000 Toulouse

→ Closest bus stop : **Jardin Royal** (44 & 66)

→ Closest metro station : **Palais de Justice** (Line B)

[Itinerary departing from the hostel](#)

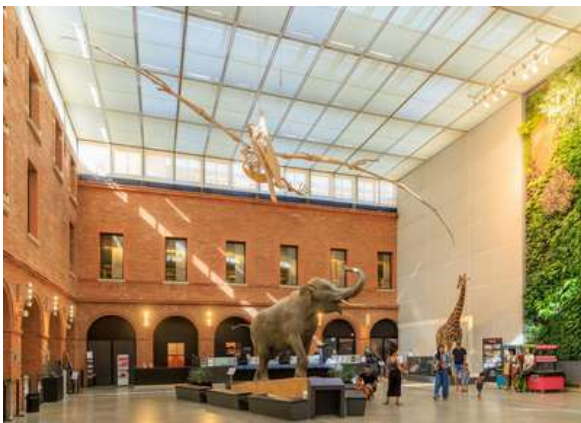
- **Le jardin des plantes**

Address : 31 All. Jules Guesde, 31400 Toulouse

→ Closest bus stop : **Jardin des Plantes** (L9 & 44)

→ Closest metro station : **Palais de Justice** (Line B)

[Itinerary departing from the hostel](#)



- **Saint-Joseph de la Grave Chapel**

Address : Rue du Pont Saint-Pierre, 31300 Toulouse

→ Closest bus stop : **Quai Saint-Pierre** (the city center bus)

→ Closest metro station : **Saint-Cyprien** (Line A)

[Itinerary departing from the hostel](#)

WEATHER TOPIC

In June, it is gradually getting warmer in Toulouse.
The day can get very hot if there is a lot of sun.

So, do not forget a water flask as well as a cap !

Of course, the weather is unstable; it can be rainy or even stormy quickly, so also bring a K-way or a rain coat.

The average temperatures are between **15° and 25°** Celsius. But it can go up to 30° (or more...).
So be prepared !



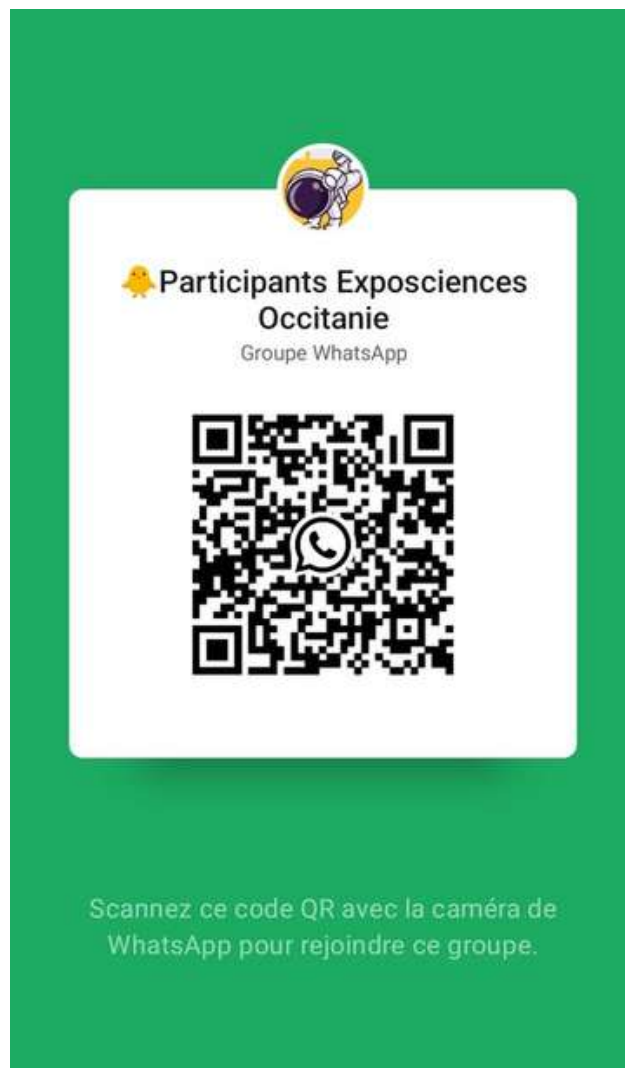
IMPORTANT CONTACTS

- **Marième LEYGONIE redline : +33 06 49 78 15 06**
- **Hostel phone number : +33 05 61 12 41 41**

Join the Whatsapp community !

[Whatsapp Link](#)

Participants Exposciences Occitanie



NOTES

[illegible]